

LABNEH & ZATAR TOAST

Nutrition Facts	
1 servings per container	
Serving size	1 toast (185g)
Amount Per Serving	410
Calories	
% Daily Value*	
Total Fat 25g	32%
Saturated Fat 11g	55%
<i>Trans</i> Fat 0g	
Cholesterol 60mg	20%
Sodium 682mg	30%
Total Carbohydrate 39g	14%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 9g	18%
Not a significant source of vitamin D, calcium, iron, and potassium	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition	

Ingredients:

Sourdough bread (unbleached flour, water, whole wheat flour, salt, barley malt, yeast), labneh, olive oil, Za'atar (thyme, sumac, roasted wheat, salt, citric acid, sesame seed, vegetable oil), cucumber