

swingy accessories

pattern + tutorial by brigitte elliot for skacel fiber studio

#21100497

Make your knitting SWING with a short-row knitting technique imported from Europe. Perfected by Heidrun Liegmann and popularized by Brigitte Elliott in the United States, Swing-Knitting™ is like knitting music.

Using one color at a time to keep beat with a “melody,” you’ll knit defined areas called “stanzas.” This kind of knitting is simultaneously exciting and relaxing—it just swings! Once you master the technique, you can easily add the swing knitting effect to any project.

Instructions are included for knitters who are familiar with using the short-row formula, or *melody*, and for knitters who are not. Simple, concise steps are written to enable any knitter to follow the pattern with ease.

Materials

1 skein each of Zitron Zeitlos Multi and Zitron Zeitlos Solid (100% extrafine merino superwash with rose oil).
262 yds / 100 g.

Scarf shown: Multi #003 (MC) Solid #130 (CC)
Cowl shown: Multi #004 (MC) Solid #140 (CC)

Needles + Notions

2 US size 8 / 5 mm 16” addi Turbo® circular needles
1 size H addi crochet hook
or size needed to obtain gauge
12 locking ring stitch markers, 6 each in a dark color (D) and a light color (L) or safety pins (see notes)
tapestry needle

Gauge

15 sts + 25 rows = 4” in Garter Stitch

Finished Measurements

Scarf 60” long (not including fringe) and 8” wide
Cowl 40” around and 8” wide

2/13/2013



Abbreviations + Techniques

Dbl st	double stitch
dpn	double pointed needles
field	a curvy area created with short rows
furrow	an area knitted to separate and delineate the fields
K	knit
kfb	knit one stitch in the front and back loop of one stitch (one stitch increased)
tbl	through back loop
P	purl
RS	right side/front side
st(s)	stitch(es)
WS	wrong side/back side

Bubble bullets are provided as a tool to check off each step in the instructions.

A **Double stitch (Dbl st)** is your new best friend. When your pattern asks you to Dbl St, you must have already stopped and turned your work to the other side. The working yarn should now be attached to the first stitch on the left needle. Make sure your working yarn is forward, facing you. Transfer the first stitch on your left needle to your right needle. Take the working yarn (which is now attached to the first stitch on your right needle) and pull the yarn down over the back of the right needle. Give it a snug tug. If it is not snug, you will not get a smooth result. This produces two “bunny ears” or, a double stitch. **RULE:** When you are knitting, always knit the “bunny ears” (the double stitch) as one stitch!

The FORMULA, aka MELODY 10/1, 2, 3, 4

Blue text is written with the basic swing knitting *formula*, or *melody*. Light (L) and dark (D) stitch markers or safety pins will be required, 6 of each.

For those who are NOT familiar with the swing-knitting concepts of *formula* or *melody*, guided instructions for initiating and knitting short rows appear in black.



Starting with the size 8 knitting needle, the crochet hook, and waste yarn, create a crocheted provisional cast on by casting on 33 sts.

BEGIN knitting by using your variegated yarn. The knitted row will enable the smooth transfer of stitches for the Kitchener stitch when joining the ends together. If you do not knit this row and instead begin at Field # 1, the double stitches will create a difficult, inaccurate transfer of stitches.

First Row: P 1, K 31, K 1 tbl

Field # 1: Begin RS field at 11 sts.

- o P 1, K 10; turn; Dbl St; K 9, K 1 tbl
- o P 1, K 11; turn; Dbl St; K 10, K 1 tbl
- o P 1, K 13; turn; Dbl St; K 12; K 1 tbl
- o P 1, K 16, turn; Dbl St; K 9, turn;
- o Dbl St; K 13; turn; Dbl St; K 9; turn;
- o Dbl St; K 20; K 1 tbl
- o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
12 D 4 D 3 D 2 D 5 L 7

Furrow # 1: RS - With solid colored yarn,
o Row 1 (P 1, K 31, K 1 tbl)
o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 2: Knit WS field.

- With variegated yarn,
- o P 1, K 31, K 1 tbl
 - o P 1, K 11; turn; Dbl St; K 10, K 1 tbl
 - o P 1, K 12; turn; Dbl St; K 11, K 1 tbl

- o P 1, K 14; turn; Dbl St; K 9; turn;
- o Dbl St; K 10; turn; Dbl St; K 7; turn;
- o Dbl St; K 10; turn; Dbl St; K 6; turn;
- o Dbl St; K 19, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
5 D 3 D 4 D 1 L 2 L 6 D 5 L 7

Furrow # 2: RS – With solid colored yarn,
o Row 1 (P 1, K 31, K 1 tbl)
o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 3: Knit WS field.

- With variegated yarn,
- o P 1, K 31, K 1 tbl
 - o P 1, K 4 ; turn; Dbl St; K 3, K 1 tbl
 - o P 1, K 5; turn; Dbl St; K 4, K 1 tbl
 - o P 1, K 7; turn; Dbl St; K 6, K 1 tbl
 - o P 1, K 10; turn; Dbl St; K 9, K 1 tbl
 - o P 1, K 11; turn; Dbl St; K 10, K 1 tbl
 - o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
11 L 2 L 2 L 6 D 5 L 7

Furrow # 3: RS - With solid colored yarn,
o Row 1 (P 1, K 31, K 1 tbl)
o Row 2 (P 32, K 1 tbl)
Cut solid yarn leaving a 6” tail.

Field # 4: Knit RS field. Begin at the single light marker on the right instead of the three on the left.

- With variegated yarn,
- o P 1, K 6; turn; Dbl St; K 5, K 1 tbl
- o P 1, K 7; turn; Dbl St; K 6, K 1 tbl
- o P 1, K 9; turn; Dbl St; K 8, K 1 tbl
- o P 1, K 12; turn; Dbl St; K 11, K 1 tbl
- o P 1, K 16; turn; Dbl St; K 9; turn;
- o Dbl St; K 24, K 1 tbl
- o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
11 L 2 L 2 L 1 D 4 D 1 D 2 D 2 D 1 L 7

- Furrow # 4:** RS – With solid colored yarn,
- o Row 1 (P 1, K 31, K 1 tbl)
- o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 5: Knit WS field.

- With variegated yarn,
- o P 1, K 31, K 1 tbl
- o P 1, K 15; turn; Dbl St; K 9; turn;
- o Dbl St; K 10; turn: Dbl St; K 9; turn;
- o Dbl St; K 11; turn; Dbl St; K 9; turn;
- o Dbl St; K 10; turn; Dbl St; K 8; turn;
- o Dbl St; K 9; turn; Dbl St; K 7; turn;
- o Dbl St; K 18, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
6 D 1 D 2 D 6 L 2 L 2 L 4 D 2 D 1 L 7

- Furrow # 5:** RS – With solid colored yarn,
- o Row 1 (P 1, K 31, K 1 tbl)
- o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 6: Knit WS field.

- With variegated yarn,
- o P 1, K 31, K 1 tbl
- o P 1, K 5; turn; Dbl St; K 4, K 1 tbl
- o P 1, K 6; turn; Dbl St; K 5, K 1 tbl
- o P 1, K 8; turn; Dbl St; K 7, K 1 tbl
- o P 1, K 11; turn; Dbl St; K 10, K 1 tbl
- o P 1, K 15; turn; Dbl St; K 9; turn;
- o Dbl St; K 25, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
6 D 6 L 3 L 1 L 1 L 2 L 4 D 2 D 1 L 7

- Furrow # 6:** RS – With solid colored yarn,
- o Row 1 (P 1, K 31, K 1 tbl)
- o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 7: Knit RS field.

- With variegated yarn,
- o P 1, K 13; turn; Dbl St; K 12, K 1 tbl
- o P 1, K 14; turn; Dbl St; K 9; turn;
- o Dbl St; K 10; turn; Dbl St; K 9; turn;
- o Dbl St; K 10; turn; Dbl St; K 8; turn;
- o Dbl St; K 9; turn; Dbl St; K 5; turn;
- o Dbl St; K 19, K 1 tbl
- o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
6 D 6 L 7 D 2 L 2 D 3 L 1 L 1 L 5

Furrow # 7: RS - With solid colored yarn,
o Row 1 (P 1, K 31, K 1 tbl)
o Row 2 (P 32, K 1 tbl)

Cut solid yarn. Leaving a 6” tail.

Field # 8: Knit RS field.

With variegated yarn,
o P 1, K 4; turn; Dbl St; K 3, K 1 tbl
o P 1, K 5; turn; Dbl St; K 4; K 1 tbl
o P 1, K 6; turn; Dbl St; K 5, K 1 tbl
o P 1, K 10; turn; Dbl St; K 9, K 1 tbl
o P 1, K 11; turn; Dbl St; K 10, K 1 tbl
o P 1, K 31, K 1 tbl
o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
6 D 6 L 7 D 3 D 1 D 10

Furrow #8: RS - With solid colored yarn,
o Row 1 (P 1, K 31, K 1 tbl)
o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 9: Knit WS field.

With variegated yarn,
o P 1, K 31, K 1 tbl
o P 1, K 18; turn; Dbl St; K 9; turn;

o Dbl St; K 10; turn; Dbl St; K 9; turn;
o Dbl St; K 11; turn; Dbl St; K 9; turn;
o Dbl St; K 10; turn; Dbl St; K 7; turn;
o Dbl St; K 11; turn; Dbl St; K 7; turn;
o Dbl St; K 12, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
6 D 3 D 1 D 9 D 1 L 7 L 6

Furrow # 9: RS - With solid colored yarn,
o Row 1 (P 1, K 31, K 1 tbl)
o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 10: Knit WS field.

With variegated yarn,
o P 1, K 31, K 1 tbl
o P 1, K 5; turn; Dbl St; K 4, K 1 tbl
o P 1, K 6; turn; Dbl St; K 5, K 1 tbl
o P 1, K 8; turn; Dbl St; K 7, K 1 tbl
o P 1, K 9; turn; Dbl St; K 8, K 1 tbl
o P 1, K 13; turn; Dbl St; K 12, K 1 tbl
o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
7 L 7 L 5 D 1 L 7 L 6

Furrow # 10: RS - With solid colored yarn,
o Row 1 (P 1, K 31, K 1 tbl)
o Row 2 (P 32, K 1 tbl)

Cut solid yarn, leaving a 6” tail.

Field # 11: Knit RS field. Begin this field at the set of two light markers on the right.

With variegated yarn

- o P 1, K 5; turn; Dbl St; K 4, K 1 tbl
- o P 1, K 6; turn; Dbl St; K 5, K 1 tbl
- o P 1, K 8; turn; Dbl St; K 7, K 1 tbl
- o P 1, K 11; turn; Dbl St; K 10, K 1 tbl
- o P 1, K 12; turn; Dbl St; K 11, K 1 tbl
- o P 1, K 31, K 1 tbl
- o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
7 L 7 L 5 D 2 D 3 D 2 D 7

Furrow # 11: RS - With solid colored yarn,

- o Row 1 (P 1, K 31, K 1 tbl)
- o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 12: Knit WS field.

With variegated yarn,

- o P 1, K 31, K 1 tbl
- o P 1, K 18; turn; Dbl St; K 9; turn;
- o Dbl St; K 10; turn; Dbl St; K 9; turn;
- o Dbl St; K 10; turn; Dbl St; K 8; turn;
- o Dbl St; K 11; turn; Dbl St; K 9; turn;
- o Dbl St; K 11; turn; Dbl St; K 7; turn;
- o Dbl St; K 13, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
7 L 2 D 1 D 2 D 6 D 2 L 13

Furrow # 12: RS - With solid colored yarn,

- o Row 1 (P 1, K 31, K 1 tbl)
 - o Row 2 (P 32, K 1 tbl)
- Leave solid yarn attached.

Field # 13: Knit WS field.

With variegated yarn

- o P 1, K 31, K 1 tbl
- o P 1, K 8; turn; Dbl St; K 7, K 1 tbl
- o P 1, K 9; turn; Dbl St; K 8, K 1 tbl
- o P 1, K 11; turn; Dbl St; K 10, K 1 tbl
- o P 1, K 14; turn; Dbl St; K 9; turn;
- o Dbl St; K 13; turn; Dbl St; K 9; turn;
- o Dbl St; K 22, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
5 D 2 L 2 D 6 L 3 D 1 L 1 L 13

Furrow # 13: RS – With solid colored yarn,

- o Row 1 (P 1, K 31, K 1 tbl)
- o Row 2 (P 32, K 1 tbl)

Cut solid yarn, leaving a 6” tail.

Field # 14: Knit RS field.

With variegated yarn

- o P 1, K 12; turn; Dbl St; K 11, K 1 tbl
- o P 1, K 13; turn; Dbl St; K 12; K 1 tbl
- o P 1, K 15; turn; Dbl St; K 9; turn;
- o Dbl St; K 11; turn; Dbl St; K 8; turn;
- o Dbl St; K 12; turn; Dbl St; K 8; turn;
- o Dbl St; K 18, K 1 tbl
- o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 2 L 2 D 2 D 6 D 1 D 2 L 4 L 3 L 6

Furrow # 14: RS - With solid colored yarn,

o Row 1 (P1, K 31, K 1 tbl)

o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 15: Knit WS field.

With variegated yarn,

o P 1, K 31, K 1 tbl

o P 1, K 8; turn; Dbl St; K 7, K 1 tbl

o P 1, K 9; turn; Dbl St; K 8, K 1 tbl

o P 1, K 10; turn; Dbl St; K 9, K 1 tbl

o P 1, K 13; turn; Dbl St; K 12, K 1 tbl

o P 1, K 16; turn; Dbl St; K 9, K 1 tbl

o P 1, K 24, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 5 L 4 L 4 D 2 L 4 L 3 L 6

Furrow # 15: RS - With solid colored yarn,

o Row 1 (P 1, K 31, K 1 tbl)

o Row 2 (P 32, K 1 tbl)

Cut solid yarn, leaving a 6" tail.

Field # 16: Knit RS field.

With variegated yarn,

o P 1, K 5; turn, Dbl St; K 4, K 1 tbl

o P 1, K 6; turn; Dbl St; K 5, K 1 tbl

o P 1, K 8 turn; Dbl St; K 7, K 1 tbl

o P 1, K 11; turn; Dbl St; K 10, K 1 tbl

o P 1, K 12; turn; Dbl St; K 11, k 1 tbl

o P 1, K 31, K 1 tbl

o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 5 L 4 L 4 D 3 D 5 D 7

Furrow # 16: RS - With solid colored yarn,

o Row 1 (P 1, K 31, K 1 tbl)

o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 17: Knit WS field.

With variegated yarn,

o P 1, K 31, K 1 tbl

o P 1, K 17; turn; Dbl St; K 9; turn;

o Dbl St; K 10; turn; Dbl St; K 9; turn;

o Dbl St; K 11; turn; Dbl St; K 10; turn;

o Dbl St; K 13; turn; Dbl St; K 10; turn;

o Dbl St; K 12; turn; Dbl St; K 11 turn;

o Dbl St; K 17, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 3 D 1 D 4 D 6 L 5 L 9

Furrow # 17: RS - With solid yarn,

o Row 1 (P 1, K 31, K 1 tbl)

o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 18: Knit WS field. Begin at group of dark markers on left.

- With variegated yarn,
- o P 1, K 31, K 1 tbl
- o P 1, K 4; turn; Dbl St; K 3, K 1 tbl
- o P 1, K 5; turn; Dbl St; K 4, K 1 tbl
- o P 1, K 7; turn; Dbl St; K 6, K 1 tbl
- o P 1, K 8; turn; Dbl St; K 7, K 1 tbl
- o P 1, K 12; turn; Dbl St; K 11, K 1 tbl
- o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
6 L 13 L 5 L 9

- Furrow # 18:** RS - With solid yarn,
- o Row 1 (P 1, K 31, K 1 tbl)
- o Row 2 (P 32, K 1 tbl)

Cut solid yarn, leaving a 6” tail.

Field # 19: Knit RS field.

- With variegated yarn,
- o P 1, K 8; turn; Dbl St; K 7, K 1 tbl
- o P 1, K 9; turn; Dbl St; K 8, K 1 tbl
- o P 1, K 11; turn; Dbl St; K 10, K 1 tbl
- o P 1, K 13, turn; Dbl St; K 12, K 1 tbl
- o P 1, K 17; turn; Dbl St; K 9; turn;
- o Dbl St; K 23, K 1 tbl
- o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
6 L 9 D 6 D 2 D 2 L 8

- Furrow # 19:** RS - With solid yarn,
- o Row 1 (P 1, K 31, K 1 tbl)
- o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 20: Knit WS field.

- With variegated yarn,
- o P 1, K 31, K 1 tbl
- o P 1, K 14; turn; Dbl St; K 9; turn;
- o Dbl St; K 10; turn; Dbl St; K 9; turn;
- o Dbl St; K 11; turn; Dbl St; K 9; turn;
- o Dbl St; K 12; turn; Dbl St; K 9; turn;
- o Dbl St; K 11; turn; Dbl St; K 7; turn;
- o Dbl St; K 16, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:
5 D 3 D 3 D 5 L 2 L 3 L 4 L 8

- Furrow # 20:** RS - With solid yarn,
- o Row 1 (P 1, K 31, K 1 tbl)
- o Row 2 (P 32, K 1 tbl)

Cut solid yarn, leaving a 6” tail.

Field # 21: Knit RS field. Remove markers at (*). The field must be modified to finish the fabric evenly.

- With variegated yarn,
- o P 1, K 7(*); turn; Dbl St; K 6, K 1 tbl
- o P 1, K 11(*); Turn; Dbl St; K 10, K 1 tbl
- o P 1, K 14(*); turn; Dbl St; K 13, K 1 tbl
- o P 1, K 31, K 1 tbl
- o P 1, K 31, K 1 tbl

Leave variegated yarn attached.

End with the following marker positions:

5 D 3 D 3 D 5 L

Furrow # 21: With solid yarn,

o Row 1 (P 1, K 31, K 1 tbl)

o Row 2 (P 32, K 1 tbl)

Leave solid yarn attached.

Field # 22: Knit WS field. Remove markers at (*).

With variegated yarn

o P 1, K 31, K 1 tbl

o P 1, K 4(*); turn; Dbl St; K 3, K 1 tbl

o P 1, K 7(*); turn; Dbl St; K 6, K 1 tbl

o P 1, K 10(*); turn; Dbl St; K 9, K 1 tbl

o P, 1, K 31, K 1 tbl

Cut variegated yarn, leaving a 6" tail.

Remove remaining light markers and leave variegated yarn attached.

Furrow # 22: RS - Knit partial furrow with solid colored yarn:

o Row 1 (P 1, K 31, K 1 tbl)

o **Stop! For Cowl repeat Fields/Furrows 1-22 once for a total of 2 repeats, approximately 40".**

For Scarf, repeat Fields/Furrows 1-22 twice for a total of 3 repeats, approximately 60".

Measure 3 times the width of the fabric and cut your solid color yarn. Thread the yarn through the eye of the yarn needle. Undo the provisional cast on by placing the stitches on the **second circular needle**. With wrong sides together and right side facing

you, make sure the needle points are pointing to the right. Using the Kitchener Stitch, connect the live stitches from the two ends of the fabric together, creating a tube. Cowl shown was finished with single crochet on edges.

Scarf shown was finished as follows: when last row of pattern is complete, LEAVE variegated yarn attached. *With solid yarn, knit 3 sts and return them to the left needle. Knit 4 more rows in the same manner, pulling yarn tight across back to form i-cord. Begin Leaf Fringe as follows:

Row 1: Kfb, p, kfb. (5 sts)

Row 2: Knit.

Row 3: Kfb, k1, p1, k1, kfb. (7 sts)

Row 4: Knit.

Row 5: Kfb, k2, p1, k2, kfb. (9 sts)

Row 6: Knit.

Row 7: K4, p1, k4.

Row 8: Knit.

Rep Rows 7 and 8 three times.

Row 15: K1, k2tog, k1, p1, k1, k2tog, k1. (7 sts)

Row 16: Knit.

Row 17: K1, k2tog, p1, k2tog, k1. (5 sts)

Row 18: Knit.

Row 19: K2tog, p1, k2tog. (3 sts)

Row 20: Knit.

Row 21: K3tog.

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Cut yarn and draw through rem st.*

Using variegated yarn, BO 3 sts. Using solid yarn, rep from * to * until all sts are BO. Artistic liberty may be applied by knitting some leaves in variegated yarn, or by knitting longer i-cord stems. Rep Leaf Fringe on opposite end by unpicking provisional CO and remounting sts on needle. Finished leaves have a tendency to curl, but can be steam blocked open.