

Full Body Presence: Overview (HFFBO) (optional)



Full Body Presence: Grounding & Healthy Boundaries (HFFBP)



You may take these advanced courses in any order you desire.

Release and Renewal (HFRR)	Expanding Present-Moment Consciousness (HFEP)	From Trauma Recovery to Ecstasy-Healing the Nervous System (HFTR)
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The above advanced coursework is recommended (but not required) to better assist you in your preparation for AEDA.



Advanced Energy Dynamics and Applications I (HFAE1)



Advanced Energy Dynamics and Applications II (HFAE2)