



From The
Holistic Dog Care Guide

The History of Dog Food

Dry dog food is not the best choice for dogs, but it is the easiest and most economical. Dry dog food was created during World War II. With the war came rationing and metal was in short supply, and the government mandated that pet food was NON essential. Pet Food companies did not want to go out of business, so they figured out how to 'bake'/'process' the canned food and put it into bags.

This was only going to be temporary until the war was over. When the war ended, the pet food companies discovered that people thought dry dog food was GREAT! It was easy and convenient... they could leave it out in a bowl all day and it did not smell! WOW, great 'FAST' food for dogs! As would be expected, pet food companies did NOT re-call dry food as there was now a legitimate demand for both canned and dry food.

Put more simply, DRY dog food was NOT created or developed because it was healthier for dogs and cats. In fact, the opposite is true... Dogs' (and humans') bodies are made up of about 70% moisture, and they (and we) NEED that moisture in our diet for the proper functioning of the heart, kidneys, bladder, joints, hair/skin, etc.

Dry dog food has been overly processed and extruded by machine under pressure during manufacture. Adding water to it will not 'reconstitute' the meat back to its natural moist form. And drinking water alone does not provide the necessary levels of moisture to maintain a balanced system. Dry dog food is also too calorie-dense, so dogs on a dry dog food are commonly overweight.

But what about your dog's teeth? Doesn't dry food help keep their teeth clean? Canned and dry dog food will BOTH promote dental tartar. Dry dog food does NOT keep the teeth clean UNLESS it says it is a TARTAR control diet. Regardless of diet, dogs will need to have tartar control treats for their teeth (and continue to brush the teeth, too!). In summary... Feeding only a DRY Dog food is NOT healthy. It would be best to AVOID dry dog food altogether, and use canned or completely RAW diet

10 Best Dog Food Options:

Dogs in Good Health

[Nature's Variety Instinct Raw Frozen Lamb](#)

[Chub Nature's Variety](#)

[Instinct Raw Medallions](#)

[Newman's Own Organics](#)

[Halo Spot's Stew Canned Dog Beef](#)

Vegetarian

[PetGuard Organic Vegetarian](#)

For Dogs with Dog Food Allergies

[Natural Balance Limited Ingredient](#)

Diets For Overweight Dogs

[Wellness CORE Grain Free Weight Management Formula](#)

[AvoDerm Lite](#)

Formulas For Dogs Needing High Fiber Diets

[The Missing Link Plus Canine Formula Party Animal Organic Gourmet Canned Dog Food Chicken with Carrots, Peas and Apples Formula](#)